



Let's Talk

**YOUR
HEALTH**

Webinar

TUESDAY, FEBRUARY 21, 2023

The Importance of Heart Disease Awareness

PRIORITIZING YOUR HEART HEALTH

Heart disease is the leading cause of death globally. There are nearly 6 million Americans who have heart failure, and 670,000 new cases are diagnosed every year, according to the Heart Disease Prevention Institute.

As part of its commitment to helping the people of the RGV prioritize their health, **South Texas Health System** will host a special online seminar on heart disease, including the signs and symptoms of the life-threatening disease and available treatments. Led by Dr. Augustine George, an interventional cardiologist with STHS Clinics, the webinar will also highlight lifestyle changes that can help reduce your risk of developing heart disease. Take control of your heart health by understanding the causes and exploring the latest advancements in treatment.

TUESDAY, FEBRUARY 21, 2023

5:30 PM – 6:30 PM

via Zoom

Webinar ID: 986 1686 7482

Passcode: 926646

Or Tune In Live on STHS' Facebook Page

South Texas Health System is a regional multi-hospital system that has earned a reputation for excellence in providing quality healthcare to residents of the Rio Grande Valley. STHS offers a comprehensive array of medical services, including cardiovascular, maternity and women's health, emergency and surgical care, along with specialty programs in chest pain, pediatrics, diabetes, wound care, bariatric surgery, orthopedics, neurosurgery, rehabilitation and behavioral health services.